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TICKLE THEIR TASTE BUDS

EGGS THAT WILL LEAVE 'EM SCRAMBLED {page 18}



HAT TRICK

THREE HOMERS ARE A FIRST FOR BAUTISTA

{page 21}



LONDON

metro

Monday, May 16, 2011
www.metronews.ca

News worth sharing.

JJ's wish, granted

► Jesamine (JJ) Cole from Clarke Road Secondary School will watch The Ellen DeGeneres Show live on Wednesday with her mom and brother ► Make-A-Wish Foundation made it possible for the Grade 12 student with cerebral palsy

MARINA BRKLJACA
LONDON@METRONEWS.CA

On Wednesday, 17-year-old Jesamine (JJ) Cole won't be in class at Clarke Road Secondary School, or making any hospital visits. She will be in California with her mom and brother watching The Ellen DeGeneres Show live, thanks to her friends at Make-A-Wish Foundation.

Sharon Cole, JJ's mother, said after being hospitalized for nearly six months last year, it didn't take long to have her daughter approved for a wish.

Sharon said the last two years have been a nightmare for her family.

"It was a total of 15 surgeries last year," said Sharon. JJ suffers from cerebral palsy and hydrocephalus, a bleeding in the brain that prevents spinal fluid from draining properly. The surgeries have left JJ open to infection. The antibiotics have given her decreased liver and kidney functions and a seizure disorder.

The wish has given the Coles something positive to focus on, said Sharon.

JJ said she's excited to see



► Jesamine (JJ) Cole and her mom, Sharon, practise their dance moves watching The Ellen DeGeneres Show. JJ's wish for the Make-A-Wish Foundation was to attend a taping of the show.

"She loves Ellen and likes to see her dance."

SHARON COLE

Ellen live.

"I love Ellen a lot," said JJ. She also wanted to thank Make-A-Wish for everything.

Another person who is really thankful is JJ's brother, Tyler, 16. "It sucks just seeing her in the hospital having seizures, having

operations," he said.

"It's going to be great seeing her happy."

JJ's show will air Thursday.

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Dr. Richard Bains MD, FRCSC

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news

Detailed calendar marks the final months of man stranded in Oregon woods. Scan code for story.

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On the web at metronews.ca



Guidy Mamann on the impact of the Conservatives' major overhaul of Canada's humanitarian policy. More at metronews.ca/immigration

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Haunted. Happening



► Seven-year-old Danieka Patrick and dad Jim from Delaware, Ont., check out a scary skeleton exhibit, one of many horror-filled displays during the second annual Canadian Haunted Attractions Conference at London Convention Centre yesterday. For more photos from the conference, go to metronews.ca/london.

KYLE REA/METRO

Exhibit of haunted sights gives kid a fright

Sisters are doing it for each other

► Three-day conference draws 500-plus women from across the country



KYLE REA
@METRONEWS.CA

The revolution has begun in a quest to bring an end to poverty for women and ensure affordable housing. That's the general feeling after last week's All Our Sisters conference at the London Convention Centre. The conference focused on homelessness, domestic violence and poverty and how it affects women.

Co-organizer Shelley

Yeo said the first-ever forum was quite successful, so much so that some feel a revolution has started.

"I think that's how everybody was feeling by the end of it. And we need to keep up the momentum," she said. "Some women who may have felt isolated now feel they're being heard and have a sense of community."

"Poverty is the big issue here and we absolutely need to be lobbying for increased financial assistance, and for safe

and more-than-affordable housing."

And since hundreds of women from across the country were involved, the plan is to create a nationwide network to encourage projects at a local level, and lobby levels of government for change.

"People are being committed and engaged and wanting to keep that connection going," Yeo said, adding the group's website, alloursisters.ca, is the first step to creating that network.

Women's forum

► Held at the London Convention Centre last week, the conference featured a lecture series, including a keynote address from singer Buffy Saint Marie.

► Yeo expects the conference may return in two or three years, perhaps in another city.

Police target cell-using drivers

1,365
Number of tickets for distracted drivers issued this year: OPP

If you talk or text while driving, you might be in for a rude awakening.

OPP will be out in full force as the first Distracted Driving Blitz be-

gins today. For one week, Police will be on the lookout for drivers using their cellphones while driving, and for those who don't obey the law.

OPP Sgt. Dave Rektor

says police issued more than 8,500 tickets for distracted drivers last year.

The Blitz will wrap up May 22.

AM980/AM980.CA

It's a tiny flyweight for mixed martial artist and his wife

Mark and Ashley Hominick welcomed daughter Raeya Marie on Saturday. It's the first child for the UFC mixed martial artist and his wife.

Hominick says mother and daughter are doing very well. Raeya, who was due to arrive May 7, weighed seven pounds and 13 ounces.

Hominick is enjoying some down time after his featherweight title shot against Jose Aldo at UFC 129 at Rogers Centre in Toronto on April 30. Hominick lost the bout despite a stirring final-round comeback. The Hominick-Aldo match was named fight of the night. ● METRO

CONTRIBUTED



► Mark Hominick and daughter Raeya

Teen charged after theft in the night

A London teenager is charged after a Pond Mills resident called police to report someone allegedly breaking into their shed at approximately 3:30 a.m. yesterday morning.

A man was found hiding in a grassy area by a K-9 officer and his dog, not too far from the incident.

Conner Boutcher, 18, is charged with possession of break-in instruments and trespassing at night.

● METRO

Ghost. Busters



► Rachel Niblock, 9, Brandon Niblock, 7, and Missha Niblock, 8, get a personal lesson on the techniques of ghostbusting from Ontario Ghostbusters Colin Russell, Mike Tigani and Blake Chodorowsky yesterday.

KYLE REA/METRO

Sci-Fi convention shoots for charity

The London Rogues Sci Fi Fantasy 5 convention at the Gibraltar Weekend Market drew about 1,000 people. The weekend-long event raised money for cystic fibrosis. For more photos, go to metronews.ca/london.

Coping with the student exodus

- Impact when 50,000-plus students leave London is felt
- Businesses, bars say they make up for it in other ways



KYLE REA
@METRONEWS.CA

It's a yearly occurrence that doesn't go unnoticed here in London: The annual student exodus, when thousands of Fanshawe and Western students head home for the summer.

But does that affect downtown bars and businesses? Not really, said two downtown bar managers and a representative from Downtown London.

"Some of the bars and retail outlets might experience a slow-down, but overall I think the majority of the city continues to thrive," said Kadie Ward

of Downtown London. She noted there are 35 festivals and events that draw people to the downtown over the summer. And not all Western and Fanshawe students leave, either. Some stay at school for summer classes, others take jobs here thanks to a booming seasonal market.

At The Ceeps and Barney's, summer represents a tradeoff of sorts. The Ceeps in particular is popular with Western and Fanshawe students so, "When they all leave on May 1, it gets a little slow in the Ceeps for sure," said Garth Brophy, general manager.

He added the patio at

Barney's makes up for that, however. "We try to make sure we're making money all year round."

The same is true at Jim Bob Ray's and Joe Kool's. Manager Christine Wolff explained Joe Kool's is popular among all age groups and even Jim Bob's, which typically draws a bigger student crowd, remains steady year-round thanks to the work of promoters.

"We pretty much don't have a 'low' season," she said.

As for landlords, while there is a higher vacancy in the summer, BJ Santavy president of the London Property Management Association said building

Population

- There are about 28,000 full-time students at Western and its campuses during the regular year and about 7,300 during the summer
- Fanshawe students: Approximately 15,000 full-time, 40,000 part-time during the regular school year — the number of summer students wasn't immediately available

owners don't take a big hit because most renters sign 12-month leases.

"And most landlords will have worked those vacancies into their business plan," she noted.

Awarding community builders

Middlesex Mutual is seeking applicants for its annual Community Spirit Award.

This year's winners, selected by the Middlesex Mutual board of directors, will receive \$20,000 to support their community project.

Based on the applications, this award may be divided into two or more contributions.

Interested applicants can go online to middlesexmutual.on.ca or call

\$40K Total amount contributed to local projects since the Community Spirit Award was launched in 2006.

519-666-0075 for more information.

All applications must be mailed, emailed, faxed or received online before June 30.

The winners will be announced July 29.

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TRIBUTE

Canadian music legend dies

Canadian music legend Jack Richardson died Friday night at University hospital in London. He was 81.

He is perhaps best known for producing the Guess Who's biggest albums from 1969 to 1975, but had worked with many other artists, including Alice Cooper, Bob Seger and Bad Finger.

In the mid-1980s, Richardson decided on another career change

and became a professor in the Music Industry Arts (MIA) program at Fanshawe College, until he retired from teaching in 2007.

The non-profit Jack Richardson Music Awards, started in 2005, are named in his honour and given to up-and-coming musical acts and artists from London in a variety of categories. He appeared frail while appearing at the most recent awards show in April at the Music Hall on Queens Avenue.

The Juno Award for producer of the year has been named in his honor since 2002. Richardson is also an Order of Canada recipient.

AM980/AM980.CA

Residents hope for noise crackdown

After receiving a number of complaints, a London City councillor says it's time to crack down on the disruptive sound of a motorcycle's engine.

Judy Bryant says most of the complaints have come from people living in downtown highrises about motorcycles revving their engines well past 11 at night. The request heads before the Community and Neighbourhoods Committee tomorrow. AM980/AM980.CA

Baseball delayed due to rain

Heavy rain and wind don't make for good baseball, so the London Majors cancelled their home opener yesterday afternoon.

Scheduled to play against the Burlington Twins at Labatt Park, field manager Roop Chanderdat said they'll instead have their opener Friday evening, 7:30 p.m., versus the Hamilton Thunderbirds.

Yesterday's rained-out game will be made up at a later date, he said.

● METRO

Unrest on all fronts

► Protesters storm Israeli borders in deadly clashes ► Israel points finger at Syria as orchestrator

Mobilized by calls on Facebook, thousands of Arab protesters marched on Israel's borders with Syria, Lebanon and Gaza yesterday in an unprecedented wave of demonstrations, sparking clashes that left at least 15 people dead in an annual Palestinian mourning ritual marking the anniversary of Israel's birth.

In a surprising turn of events, hundreds of Palestinians and supporters poured across the Syrian frontier and staged riots, drawing Israeli accusations that Damascus, and its ally Iran, orchestrated the unrest to shift attention from an uprising back home. It

was a rare incursion from the usually tightly controlled Syrian side and could upset the delicate balance between the two longtime foes.

Prime Minister Benjamin Netanyahu, who heads to Washington at the end of the week, said he ordered the military to act with "maximum restraint" but vowed a tough response to further provocations.

"Nobody should be mistaken. We are determined to defend our borders and sovereignty," he declared in a brief address broadcast live on Israeli TV stations.

THE ASSOCIATED PRESS

► Israeli policemen guard the border fence yesterday as residents of Majdal Shams stand on the hill after mainly Palestinian protesters crossed from Syria into the Israeli-annexed Golan Heights close to the Druze village of Majdal Shams to mark Nakba Day.



MENAHIM KAHANA/GETTY IMAGES

Wider NATO raids in Libya needed: Commander

NATO aircraft blasted an oil terminal in a key eastern city at nightfall yesterday, Libyan TV reported, after Britain urged the alliance to widen its assault on areas controlled by ruler Moammar Gadhafi.

The Libya TV report said the bombs hit methanol tanks at the oil port of Ras Lanouf, causing leaks. NATO officials had no immediate comment.

The reported attack came as the Libyan conflict appeared largely stalemated, with each side claiming gains one day, only to be turned back the next.

Libyan rebels said yesterday they have taken full control of the western port city of Misrata, 200 kilometres from Tripoli, the only major city in western Libya with a significant rebel foothold. The rebel claim could not be confirmed.

In Misrata, rebel fighter Abdel Salam described the situation in Misrata as static. "The situation is almost frozen, as the rebels are in full control over Misrata," he said. "The rebels are not engaged in any major fighting fronts with Gadhafi forces."

The head of Britain's

► Smoke billows from the site of a blast near Tripoli yesterday after several loud explosions shook east of the capital.



MAHMUD TURKIA/GETTY IMAGES

armed forces, Gen. David Richards, appeared to relate to the stalemate and frustration in the West over the slow pace of warfare in Libya, with Gadhafi still in power, able to taunt NATO for failing to unseat him.

In remarks published in The Sunday Telegraph in London, Richards urged NATO to widen the range of targets the alliance's planes are allowed to hit in the effort to stymie the Gadhafi regime's attacks on protesters. He said "more intense military action" was needed or the conflict could end in stalemate. THE ASSOCIATED PRESS

Battle for Misrata

- The two sides have been battling intensively over Misrata, symbolic because of its location near Gadhafi's capital.
- His forces shelled the city heavily and at some points took up positions inside Misrata neighbourhoods to fire at civilians and fighters, while avoiding NATO airstrikes.
- Rebels and residents say Gadhafi forces remain at the edges of the town.

Florida imam, 2 sons held on terror charges

An elderly Miami imam and two of his sons have been arrested on federal charges they provided financial support to the Pakistani Taliban, while three others in Pakistan have been indicted on charges of handling distribution of the funds, au-

thorities say.

The indictment lists about \$50,000 in transactions. According to the indictment, the funds were used to buy guns, support militants' families and promote the cause of the Pakistani Taliban.

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Ahmadinejad rebuffs critics

Iran's President Mahmoud Ahmadinejad has dismissed criticism of appointments and dismissals from his Cabinet without parliamentary approval, widening a rift with hardliners intent on limiting his power or impeaching him.

THE ASSOCIATED PRESS



► Mahmoud Ahmadinejad

GETTY IMAGES

Guatemalan massacre leaves 27 dead

Guatemalan national police say at least 27 people are dead in a massacre in a northern region overrun with drug traffickers.

The National Civil Police say 25 men and two women were killed in an ambush by gunmen in the town of Caserio La Bomba in

Guatemala's Peten province.

Police say they are investigating whether the attack is related to Saturday's killing of Haroldo Leon, who is the brother of alleged Guatemalan trafficker Juan Jose (Juancho) Leon.

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SECOND ATTEMPT

Last launch for shuttle Endeavour

With wounded U.S. Rep. Gabrielle Giffords on hand to watch, the space shuttle Endeavour is poised to give the work week a roaring and historic start this morning, overcoming wiring problems that grounded it last month.

Giffords' arrival yester-

day afternoon included a quick fly-by of Endeavour on the launch pad.

"Gabrielle is excited for the launch. Do you plan to see history in the making?" her staff tweeted.

NASA officials said conditions, from weather to technical issues, couldn't look much better for the scheduled 8:56 a.m. (GMT) launch today.

NASA is expecting smaller crowds — 400,000 people instead of 750,000 people — for the second attempt.

THE ASSOCIATED PRESS

Floodgates breached

Authorities are warning people to get out of low-lying areas as water gushing from a floodgate for the first time in four decades creeps closer to communities in Louisiana.

Most residents heeded the warnings yesterday.

THE ASSOCIATED PRESS

78 injured at Egyptian sit-in

Egypt's top Christian leader called on his followers to end a weeklong sit-in yesterday in front of a government building after a mob attacked the Christian protesters and their supporters, injuring 78.

THE ASSOCIATED PRESS

'The great seducer' or the great assaulter?

JIM WATSON/GETTY IMAGES



► International Monetary Fund (IMF) managing director Dominique Strauss-Kahn.

▶ IMF chief arrested less than four hours after alleged assault

EMMANUEL DUNAND/GETTY IMAGES



► Headlines in two New York newspapers.

Dominique Strauss-Kahn's nickname was "the great seducer." Not even an affair with a subordinate could knock the International Monetary Fund leader off a political path headed for the French presidency.

All that changed with charges he sexually assaulted a maid in his hotel room, a case that generated shock and revulsion, especially in his home country.

The 32-year-old maid told authorities when she entered his suite Saturday afternoon, she thought it was unoccupied. Instead, Strauss-Kahn emerged from the bathroom naked, chased her down a hallway and pulled her into a room.

where he forced her to perform oral sex on him and tried to remove her underwear authorities said.

"He denies all the charges against him," said Benjamin Brafman, his lawyer.

Unless the charges are dropped, they could destroy his chances in a presidential race that is just starting to heat up.

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17 Locations in the Greater Toronto Area!

John Kerry 'sober and serious' about Pakistan

MUSADEQ SADEQ/THE ASSOCIATED PRESS

► U.S. Senator John Kerry reiterates scope of recent events, their effect ►
Says finger pointing counterproductive

U.S. Senator John Kerry warned yesterday that already shaky U.S.-Pakistani relations have reached a critical juncture as calls grow in the United States to cut some of the billions of dollars in aid to Islamabad following al-Qaida leader Osama bin Laden's killing.

Kerry, who spoke in Afghanistan before travelling to Pakistan, said sober and serious discussion was needed to resolve the widening rift amid growing suspicion that Pakistan's security forces were complicit in harbouring the al-Qaida leader, who was killed May 2 in a raid by U.S. Navy SEALs near Islamabad.

For its part, Pakistan is angry that it was not told about the raid in Abbottabad until after it was com-

pleted, saying its sovereignty was violated.

Kerry made it clear that patience was running thin in Washington after it was discovered that the terror leader had been living for years in a compound in a military garrison town that includes Pakistan's equivalent of West Point.

THE ASSOCIATED PRESS

Background

As an indication of the seriousness of the visit, Pakistani President Asif Ali Zardari, Prime Minister Yousuf Raza Gilani and army chief Gen. Ashfaq Parvez Kayani met ahead of Kerry's arrival.



► U.S. Senator John Kerry speaks during a press conference at the U.S. embassy in Kabul, Afghanistan, yesterday.

Drug bust reveals high-flying smuggling

ED WHITE/THE ASSOCIATED PRESS

A Cessna airplane touched down about midnight, dropped a load of drugs and was back in the air in 90 seconds. Suddenly, the pilot of a U.S. Border Patrol helicopter hovering nearby turned on a powerful spotlight and tracked an SUV fleeing with hockey bags stuffed with 175 pounds of marijuana and 400,000 Ecstasy-type pills.

The bust by federal agents didn't happen on the southwestern border. It

was in Michigan's rural Thumb region next to a soybean field. The remote airport here in Sandusky offers a smooth runway at any hour to anyone who needs it, a perfect landing spot for brazen drug smugglers who can cross the Great Lakes from Canada in minutes.

Beefed-up enforcement along the Mexican border has made smuggling more challenging for criminal cartels using the major



► Authorities say many small Michigan airports are being used for international drug deliveries from Canada.

southern routes, but drugs continue to flow across the porous northern border through airstrips like this one.

Tracking rogue planes at low altitude with their transponders off is "like trying to pick a needle out of a haystack," said John Beutlich of U.S. Customs and Border Protection, who oversees air and marine operations from Washington state to Maine.

THE ASSOCIATED PRESS

On the radar

Homeland Security Secretary Janet Napolitano says the U.S. hopes to start tapping into 22 Canadian radars to fill surveillance gaps on the border.

► Officials say the U.S. has one national radar network made up of feeds from the FAA and the Defense Department.

Insite ruling en route

Advocates for supervised-injection sites are anxiously awaiting a ruling from the country's top court that will determine the fate of Insite, a health-care facility in Vancouver's downtown eastside.

The Supreme Court is set to decide whether Insite falls under provincial or federal jurisdiction, and whether closing it would violate the rights of drug addicts who use the facility. THE CANADIAN PRESS

McKenna to deliver eulogy

Former New Brunswick premier Frank McKenna will deliver the eulogy for Canadian business giant Wallace McCain, who died on Friday at the age of 81.

THE CANADIAN PRESS



► Frank McKenna

FRANK GUNN/THE CANADIAN PRESS

Where to land on Mars

Scientists in the close-knit Mars research community are gearing up to make a final pitch on where the next NASA rover should land. The contest is down to four:

- Gale crater, with a five-kilometre-high mound of

layered mineral deposits.

- Mawrth Vallis, a flood channel rich in clay minerals.
- Eberswalde crater, with remnants of a river delta.
- Holden crater, the site of water-carved gullies.

THE ASSOCIATED PRESS

Green light for PlayStation Network



► Sony executive Kazuo Hirai says the company has beefed up security to protect PlayStation customers' personal data. He also offered "sincere regret" for the hacker intrusion.

► Among the 100 million user accounts, Sony says about 92 million can access limited network service

Sony began restoring its PlayStation Network service yesterday after shutting it down almost a month ago because of a massive security breach that affected more than 100 million online accounts.

Restored operations are limited mainly to online gaming, chat and music streaming services. Sony said it aimed to fully restore the PlayStation Network by the end of the month.

Sony also began a

phased restoration of its Qriocity movie and music services, which share the PlayStation Network's server.

Kazuo Hirai, chief of Sony's PlayStation video game unit, said the company has enhanced security measures to protect customers' personal data, and added that Sony had not received any reports of the stolen information being used illegally.

The probe into the hacker attack is ongoing.

THE ASSOCIATED PRESS

Playing havoc

- Sony Corp.'s PlayStation Network is a system that links gamers in live play. Sony shut it down on April 20 after discovering it had been hacked and customers' personal data compromised.
- Since the shutdown, Sony's share price has dropped nearly nine per cent to close at 2,241 yen (\$27) on Friday.

Keep TMX Canadian, rival bidders say

A group of four big banks and five pension funds has submitted a \$3.6-billion rival bid for TMX Group — operator of the Toronto stock exchange — in the hope of derailing a merger with the London stock exchange.

The companies, who call themselves Maple Group Acquisition Corp., say their bid will enable TMX Group to achieve the scale and efficiency it needs to succeed in an increasingly competitive marketplace, while preserving Canadian governance, decision-making and regulatory oversight.

Maple's investors include: Alberta Investment Management Corporation, Caisse de depot et placement du Quebec, Canada Pension Plan Investment Board, CIBC World Markets, Fonds de solidarite des travailleurs du Quebec, National Bank Financial, Ontario Teachers' Pension Plan Board, Scotia Capital and TD Securities.

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No more oil until war over: Libyan producer

Libya's largest petroleum company will not produce oil until the war ends, and that probably holds good for producers across the country, a spokesman said yesterday.

Abdeljalil Mohamed Mayuf, information director of Arab Gulf Oil Co. — responsible for more than one-quarter of Libya's former production of 1.6 million barrels a day — said the company feared further attacks by ruler Moammar Gadhafi's forces.

The decision came after rocket attacks on April 4 badly damaged a pumping station and production facilities at southeast Messla. A pumping station on the pipeline to Tobruk port also came under attack.

"We cannot put an army around each field," Mayuf said, adding that resuming production "depends on this military operation and when Gadhafi leaves."

Libya's three-month revolt against Gadhafi has caused oil prices to soar.

THE ASSOCIATED PRESS

Market moment

TSX	Dollar
- 31.42 (13,358.01)	- 0.84¢ (103.09¢ US)
Oil	Natural gas
- \$1.01 US (\$97.96 US)	1,000 cu ft \$4.17 US (- 2.4¢ US)
	Gold
	\$1,491 US (- \$15.80 US)

Macau gambles on diversifying economy

The Galaxy Macau, a multi-billion-dollar casino resort complex, opened yesterday as Macau seeks to draw a broader mix of visitors than the high-rolling mainland Chinese who have helped the city become the world's most lucrative gambling market.

The launch of Macau's 34th casino comes as the city seeks to diversify its economy away from gambling after years of soaring growth that helped it overtake Las Vegas as the world's top casino market.

Macau's economy has

boomed since a four-decade casino monopoly was broken in 2002, opening the way for U.S. and Australian operators to enter the market with local partners. Monthly casino revenues so far in 2011 have grown by at least 33 per cent, after surging by more than half last year to \$23.5 billion.

The former Portuguese colony, once considered seedy and corrupt, now aims to develop cultural attractions that can draw more middle-class families who will stay longer.

THE ASSOCIATED PRESS

Another Galaxy

- The \$1.9-billion complex, owned by Galaxy Entertainment Group, has 450 gambling tables and space for up to 1,500 slot machines.
- It also boasts a 40,000-square-foot wave pool and an artificial beach built with 350 tons of white sand. Guests can stay at three hotels with a total of 2,200 rooms.
- The Galaxy Macau is the only casino scheduled to open in the city this year.



► Visitors pose with hostesses at the Galaxy Macau casino, which opened yesterday to the crackle of firecrackers and the beat of a traditional Chinese lion dance.

WALKING THROUGH THE CITY'S HISTORY

URBAN COMPASS

JILL ELLIS
METRO LONDON



Last summer, Johnnie, and Veronica Mills (11 and 7, respectively, at the time) were captivated by the story of Cornelius Burley, the first — and second — man hung in

London. They enjoyed one of Museum London's public art and history walks last year and, according to mom Elizabeth Grant, will again this year.

Summer of 2010 saw Museum London take further steps to fulfil its mandate to educate Londoners and tourists about this region's art and history. According to curator of public programs Dianne Pearce, "We are a lifelong learning institution, so these walks all have some aspect of learning to them, but it's not like school. It's a great way to learn about art, history and downtown London."

Six programs — three on history and three on art — have been created. Thirty to 40 locals and tourists meet on the lawn of Museum London most Saturdays of the summer and early fall at 10 a.m. Walks are designed to last about two hours and cover various distances from the museum to the river, to Eldon House to Victoria Park — all six are unique. Pearce warns that bringing an umbrella is advisable if the weather is gloomy because these walks for intrepid, in-

quisitive minds go forward rain or shine (unless it's pouring).

The history walks cover topics like pre-settlement by the river with an overview of aboriginal habitation of the forks, while another looks at the city's military history with a walk to the site of the former barracks at Victoria Park. The third is a favourite of the Mills/Grant clan and Marvin Simner, who is spending his retirement years learning and writing about the region's history.

"I thought it was very, very worthwhile," Simner said. "The leader was very knowledgeable and answered all my questions and those of the children as well."

The three art lectures cover the monuments and memorials of Victoria Park, core area murals and sculptures around the museum and downtown.

Walks are led by docents hired specifically for the tours, who not only answer questions but also tailor the walk to the physical abilities and/or chattiness of the group.

They are timed to end at noon to encourage attendees to continue to explore downtown's restaurants and other cultural attractions.

If you were intrigued by the story of Burley and his errant hangings and want to hear the macabre details, put on your walking shoes, grab a water bottle, and we'll meet you at the rhino.

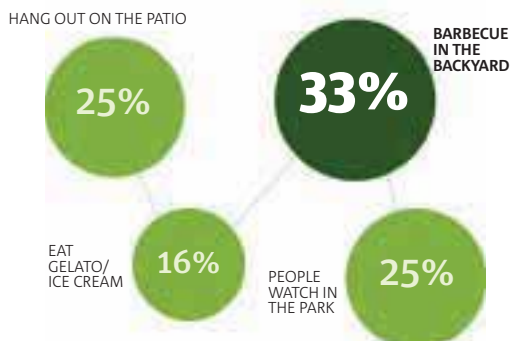
For more information, see www.museumlondon.ca/programmevents/historyhikeswalkingtours/.

Contact Jill Ellis at londonurbancompass@metronews.ca



Register at
metrolifepanel.ca
and take the quick poll

What's your favourite summer activity?



Local tweets



► @kimdangnguyen: I've already spent my entire paycheck this week ... #ldnont you are too good to me

► @RachFee: Anything going on in #ldnont today? I need something to do that doesn't involve shopping before I go stir crazy ...

► @DarrenTBennett: About to walk for arthritis. Cardio for the day. #LDNont

► @MegRadford: It's a rain jacket day #ldnont

► @ineedaladder: misses #UWO & it's abundance of study space

#summercourse

#distancestudies #notgettingworkdone

► @cherimcleod: Looking for a reasonable moving company for a move from #ldnont to #barrie. Anyone? Small 2 bed apt and we will help load truck.

► @SOOLondonCan: Hey #ldnont — time for a puddle jumping contest?

► @CheGlitta: Don't let the rain showers stop you from checking out Art Fusion and the new @theMetLDN in #ldnont. Amazing local talents and Amazing finds.

Worth mentioning

MONTREAL. Didn't get around to dusting this weekend? Don't worry. It turns out dust might actually hold some benefits for you.

The perennial household nuisance actually purifies the air by neutralizing ozone that can harm our lungs.

Dust can do this because one of its major components is human skin — which contains the ozone-eliminating component squalene.

Humans constantly shed their skin, losing up to 500 million cells per day. At that rate, according to Charles Weschler, who helped author a study whose results were announced last week by the American Chemical Society, it would take a person two to four weeks to turn over all of the skin cells on their body.

It's these skin flakes that clean the air. Their squalene helps neutralize ozone.

Most people might think of ozone as a good thing — and it is, when it's up high in the atmosphere and protecting us from ultraviolet radiation. But when it's down here, closer to us in the air that we breathe, it's a pollutant.

THE CANADIAN PRESS

Cartoon by Michael de Adder



WEIRD NEWS

When you gotta go, you gotta go

A dog that wasn't quite housebroken may have indirectly been responsible for a bomb scare at a New York courthouse.

The trouble began Friday when 19-year-old Melvin Ruffin arrived at a court complex in Central Islip, N.Y., following a long bus ride from his home in Bellport.



During the trip, another passenger's chihuahua urinated on his backpack.

So he stashed the wet bag in some bushes while he went inside to answer a disorderly conduct citation.

But a retired police officer saw the bag and alerted security.

The bomb squad was ultimately called in. Officers used a robot to determine the bag didn't contain anything harmful. Ruffin tells Newsday that authorities let him off with a warning to be more careful next time about where he left his stuff.

THE ASSOCIATED PRESS

Is Okkervil primed for the mainstream?

► Despite positive press, band's singer-songwriter is not sure commercial breakthrough lies ahead

Okkervil River has made its name on literate, orchestral indie-rock, a creative concoction that has proven to be extremely successful for other bands over the past year.

However, as they've watched their peers skyrocket to the top of the charts, the cerebral Texas outfit has yet to find a large audience, and the band's singer-songwriter Will Sheff says he's not necessarily expecting a commercial breakthrough with the group's newly released sixth record, *I Am Very Far*.

"This is something people say all the time," Sheff, 34, said in a telephone interview. "As we went through our almost 15 years of being a band, we would watch bands like the Decemberists and the Arcade Fire kind of be this tiny little band ... that would suddenly be five billion times bigger than us months later.

"At first, it was really frustrating because we felt like we had been doing our thing that we do for a really, really long time. And what got frustrating was people who hadn't heard of us (who) thought we were influenced by these bands that had half the lifespan of us or whatever.



► Okkervil River's frontman Will Sheff, centre, produced the band's new album *I Am Very Far* himself. "I am incredibly proud of this record," he said. "I think it's our best one."

"But at the same time, I never really wanted to be a mega-huge stadium rock star. I've really realized that the amount of constraint that you have to be under when you're trying to be successful, it's frustrating. You really have to stress about the perception of every last little thing you do. ... I didn't get into the music business to feel career pressure.

"I (like) the manoeuvrability that we have, where I basically get to do whatever ... I want, and if I want to make a record (of) throat

11

The 11 tracks on *I Am Very Far* achieve a grandiosity that was the result of ambitious studio sessions that occasionally featured two guitarists, two pianists, two drummers and seven guitarists playing simultaneously.

singing and nobody buys it, I don't have to feel bad."

And yet, for all Sheff's hard-earned sovereignty,

plenty of observers seem to think *I Am Very Far* might propel his band to new commercial heights anyway. The Guardian's four-star review asserted that Sheff and co. "seem intent on following the Arcade Fire route to mass accessibility," while the BBC called the band "Wilco waiting to happen" — before arguing that *I Am Very Far* would signal the band's arrival.

Sheff admits to having absorbed some of that positive press, and doesn't deny the subsequent relief

that washed over him.

"It makes me really happy," he said. "When I was making this record, I was really aware that ... if you really loved (the band's previous albums) *The Stage Names* and *The Stand Ins*, that you might not like this record or it might not give you the exact same thing that you wanted.

"And I was aware that might make certain people disgruntled or something like that, so it was nice to see that people were responding to the record."

THE CANADIAN PRESS

Kim Cattrall earns honour at GLAAD Media Awards

Kim Cattrall and *The Kids Are All Right* were among the winners Saturday night at the Gay & Lesbian Alliance Against Defamation's 22nd annual Media Awards.

The *Sex and the City* star was honoured with the Golden Gate Award, which is presented to a media professional who has increased the visibility and under-

standing of lesbian, gay, bisexual and transgender communities.

The Oscar-nominated family drama *The Kids Are All Right*, starring Annette Bening and Julianne Moore as lesbian mothers, was awarded the outstanding film trophy at the GLAAD ceremony at the Marriott Marquis in San Francisco.

Other winners included

8: The Mormon Proposition for documentary, Christian Chavez as Spanish-language music artist, Kara Swisher as local hero and AT&T as corporate leader.

The GLAAD Media Awards honour media for accurate and inclusive representations of the lesbian, gay, bisexual and transgender communities.

THE ASSOCIATED PRESS



► Kim Cattrall



Box office



Thor nailed down the No. 1 spot at the box office again. Paramount's 3-D superhero film starring Chris Hemsworth as Marvel's hammer-toting god of thunder earned \$34.5 million in its second weekend, according to studio estimates yesterday. That brings the total haul of Thor to \$119.2 million, though not quite as impressive as fellow comic book hero Iron Man 2, which earned \$211.2 million by its second weekend the same time last year. Universal's *Bridesmaids*, the raunchy comedy starring Kristen Wiig as a down-on-her-luck maid of honour, debuted above expectations in second place with \$24.4 million.

THE ASSOCIATED PRESS



Bollywood documentary brings song and dance to Cannes Film Festival. Scan code for story.

Big shoes (and shirts) to fill

► **Ashton Kutcher has already said that he can't replace Charlie Sheen. But let's face it, he will certainly face comparisons to him on Two and a Half Men.**

There's a new man on the scene at Two and a Half Men. But is Ashton Kutcher man enough?

With Friday's announcement that Kutcher will be replacing Charlie Sheen, viewers could begin to wonder how he will be plugged into the hit sitcom's tight little world.

Can his particular appeal fill the void of the caustically droll Sheen? And just who the heck will his character



► While on Two and a Half Men, Charlie Sheen was known for his bowling shirts.

be?

Neither CBS nor Chuck Lorre, the series' creator, were giving any hints as they confirmed the deal to

bring Kutcher into a show where Sheen's character was the comic centre, portraying an advertising jingle writer with a playboy lifestyle and an overwrought brother.

Kutcher, who first found sitcom stardom more than a decade ago on That '70s Show, specializes in puppy dog wholesomeness and laid-back, goofy sexiness.

He's perfect

Perspective

Brad Adgate, an analyst for the firm Horizon Media, gave his thoughts on Ashton Kutcher replacing Charlie Sheen on Two and a Half Men.

► "He's not a star, I don't think, the way Charlie Sheen is," Adgate said. "(But) it's a hit show and it's something worth trying before you pack it in. You just never know."

haps the anti-Sheen.

"We are so lucky to have someone as talented, joyful and just plain remarkable as Ashton joining our family," said Lorre, also the show's executive producer.

"Added to that is the deep sigh of relief knowing that our family stays together. If I was any happier, it'd be illegal."

"I can't replace Charlie Sheen," said Kutcher, adding that he plans to work hard "to entertain the hell out of people."

Kutcher's quote was the news release's sole mention of Sheen, who, two months ago, was fired by



► Ashton Kutcher was signed to star in Two and a Half Men after reported negotiations with film actor Hugh Grant to join the show had fallen through.

"Enjoy planet Chuck. ... There is no air, laughter, loyalty or love there."

CHARLIE SHEEN, GIVING ADVICE TO ASHTON KUTCHER, AND REFERENCING HIS FEUD WITH FORMER BOSS CHUCK LORRE

Warner Bros. Television when it cut short production of the show's eighth season following Sheen's public implosion through hard partying and angry criticism of Lorre.

Now Charlie is gone, and, with him, the show's dependably winning formula.

The deal to replace him with Kutcher apparently came together quickly, following reports this week that negotiations with film actor Hugh Grant to join

the show had fallen through.

A deadline on deciding whether the show would continue was looming, with CBS set to unveil its fall schedule to advertisers in New York next Wednesday.

Kutcher is not as well-known as Sheen but, at age 33, is a dozen years younger and has a huge flock of fans who check in on his every utterance on Twitter.

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Moore 'recovering nicely' after surgery

A representative for Mary Tyler Moore says the veteran sitcom star is "recovering nicely" after surgery to remove a benign tumour on the lining of her brain.

Spokeswoman Erica Tarin says Moore will require no additional treatment after the four-hour procedure.

Tarin would not specify when the surgery took place or where.

The procedure was to re-

move a meningioma, a slow-growing tumour in the membranes that cover the brain. Meningiomas usually occur in older adults and are mostly benign. The 74-year-old Moore won fame as housewife Laura Petrie on The Dick Van Dyke show in the 1960s, then went on to even greater success starring in her own long-running sitcom.

THE ASSOCIATED PRESS



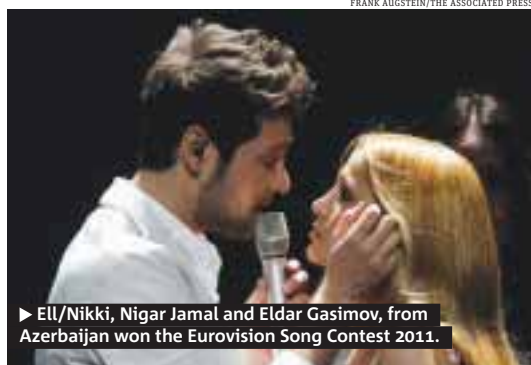
► Mary Tyler Moore



Metro goes **GAGA** tomorrow!

Lady Gaga, Global Guest Editor

metro 



► Ell/Nikki, Nigar Jamal and Eldar Gasimov, from Azerbaijan won the Eurovision Song Contest 2011.

Azerbaijan duo claim Eurovision contest

A mother of two and an international relations student from Azerbaijan beat out the much-hyped Irish twins and 23 other finalists Saturday to secure their nation's first-ever win in the Eurovision Song Contest.

Nigar Jamal and Eldar Gasimov, who go by the name Ell/Nikki, won 220 points for their classic pop ballad with a catchy refrain, *Running Scared*, meaning next year's songfest will be hosted in Baku.

"I'm the happiest man in the world right now," Gasimov, 22, shouted to the crowd of 36,000 who packed the Fortuna Dueseldorf Arena to watch the show.

In the past three years, Azerbaijan has finished in the top 10 at the songfest, but have never before reached the top.

"Its unbelievable our dream came true," Jamal,

30, said after winning the title.

"I've never been a singer before, I was a housewife," she said. "It was my dream to become a singer and now my dream has come true."

The pair, clad in a white suit and a floaty white gown, were awarded the trophy from Germany's 19-year-old Lena Meyer-Landru, who had sought to make history by defending her title for a second consecutive year in a row. She finished 10th with the sultry *Taken By A Stranger*.

Second place went to Italy — back in competition after a 14-year hiatus — with 189 points for Raphael Gualazzi for his jazz number *Madness of Love*. Close behind him in third place was Sweden's Eric Saade, singing the dance pop song *Popular*, with 185 points.

THE ASSOCIATED PRESS

Rain fans prepare for a 2-year drought

► South Korean pop star will be forced from the limelight as he does his mandatory military service ► Asia's hottest star refuses to talk about duty

In nine years, Rain has gone from an unknown backup dancer to one of Asia's hottest stars. The South Korean actor-singer also has two Hollywood movies to his credit.

But his thriving entertainment career must be put on hold later this year when he reports for two years of mandatory military duty. It's a topic the 28-year-old performer doesn't want to discuss.

In the southern Chinese gambling enclave Macau for the latest stop of what is likely his final Asian tour before military service, Rain made sure the media couldn't ask him about his imminent break from the entertainment industry.

At a news conference — delayed 2½ hours — before his concert at the Venetian Macao casino-hotel late Saturday, organizers banned questions that were not pre-approved by Rain's managers. Instead of discussing how the break would affect his entertain-



► South Korean actor-singer Rain performs in Taipei, Taiwan.

ment career, Rain spoke about Macau and fan reaction around Asia.

He talked about his new movie *Living in the Sky*, in which he plays a pilot, and

said he wanted to make more action films and take on romantic roles in TV dramas.

Few details of his military duty have been dis-

closed, but he told South Korean media last month that it would start at the end of this year.

Managers for the South Korean star, whose real name is Jung Ji-hoon, refused an interview request in Macau from The Associated Press.

In his short career, Rain has released five Korean albums and a Japanese record and launched a film and TV career. He has also crossed over to America, appearing in a "dance-off" against comedian Stephen Colbert and starring in the Hollywood action thrillers *Speed Racer* and *Ninja Assassin*.

Rain's fans are confident their idol will emerge from the two-year break unscathed.

"He is a very hardworking person. Serving in the military will improve his determination. It will make him more manly and more mature," said 21-year-old university student Zhao Wenwei.

THE ASSOCIATED PRESS

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Real life inspires Mexican drug tale

Director Gerardo Naranjo would love to make a light little romantic comedy, full of laughs and flowers, but with a drug war raging in his native Mexico, he just can't bring himself to do it.

There is nothing light about Naranjo's latest film, *Miss Bala*, a nail-biter about a would-be beauty queen kidnapped by a gang of drug traffickers. The script was loosely based on the real story of Laura Zuniga, a former Miss Sinaloa who was detained in 2008 while riding with gang members in a weapons-filled truck.

Naranjo told reporters at a Cannes Film Festival news conference yesterday that he and his producer have "always dreamed of going to the United States to make movies some day, but



► From left, Miss Bala actors Noe Hernandez, Stephanie Sigman, and director Gerardo Naranjo at the 64th international film festival, in Cannes, southern France.

before going, we felt that we had to do something here" in Mexico.

"I don't want to get out the violins, or sound like a contestant in a beauty contest, but I consider it a duty," he said.

Naranjo's portrait of contemporary Mexico is devastating. Violence and corruption pervade every

aspect of society, sucking the movie's heroine into its seemingly inexorable vortex.

After escaping a gang shootout at a nightclub, Laura — played by willowy soap opera regular Stephanie Sigman — is handed over to the gang leader by a corrupt police officer. After she flees once

more, U.S. Drug Enforcement Agents again deliver her into the hands of her kidnapper.

Naranjo said one of the most chilling aspects of making the film — one of 19 in Cannes' secondary *Un Certain Regard* competition — was the utter apathy of inhabitants in the violence-wracked border city of Tijuana and Aguascalientes, in central Mexico, where it was shot. In scenes where characters armed with sub-machine guns skulked the streets, not one of the passers-by raised an eyebrow, he said.

Naranjo said he took care while writing the script to strip the movie's many scenes of violence of any sheen of glamour or sexiness. THE ASSOCIATED PRESS

'A modern fairy tale'

The latest Cannes Film Festival entry from Belgium's Dardenne brothers is the story of an abandoned boy, his unlikely saviour and his beloved bicycle.

The *Kid With a Bike* tells the alternately brutal and tender tale of 11-year-old Cyril, left in a children's home by his feckless father; Samantha, a hairdresser who almost by accident becomes his surrogate mother; and the bike he pedals furiously through a chaotic world. The last film to get this much mileage from a bicycle was *Breaking Away*.

It's another gritty slice of working-class Belgian life from the filmmaking siblings — and also a fairy tale.

"At one point we nearly called the film *A Modern Fairy Tale*," Jean-Pierre Dardenne, one half of the duo, told reporters after the film's first screening Sunday at Cannes. Cyril is a lost child, "a bit like Pinocchio or Red Riding Hood."

"He has to undergo certain experiences and loses his illusions," Dardenne said. "There's the forest,

which is a place of temptation, there's the bad wolf ... and then there's the good fairy who saves Cyril."

Jean-Pierre and his brother, Luc — who jointly write, produce and direct their films — are Cannes royalty. Five of their films have appeared in competition here over the years, and two have won the top prize, the Palme d'Or — Rosetta in 1999 and *L'Enfant* (The Child) in 2005.

The brothers are adored by Cannes cinephiles for the seemingly effortless naturalism with which they depict life on society's fringes.

The balance between realism and fairy-tale re-

demption is one the brothers say they found easy to strike.

Luc Dardenne — at 57 the younger brother by three years — said the film grew from the real-life case of a Japanese boy whose father dumped him in an orphanage, but reimagined as a love story.

"The woman in our film is capable of saving the child, capable of giving him something that will give him back his childhood," he said. "For us this is a beautiful tale. It's a tale of very successful love."

"One can view it as a critical view of our socie-



► Belgian filmmakers Jean-Pierre and Luc Dardenne made *The Kid With a Bike*, which is screening at Cannes.

ty. We adults are often swept up in our own self-image ... We tend to look inwards at ourselves instead of looking at other people. So indeed our film does reflect life today in society, but it's an exception."

The film is powered by the performances of Thomas Doret as the angry, inarticulate but vulnerable Cyril, and Cecile de France — a Belgian actress best known to English-speaking audiences


as a tsunami survivor obsessed by the afterlife in Clint Eastwood's *Hereafter* as Samantha.

The actress said Eastwood and the Dardenne had almost nothing in common — "apart from their talent, of course."

While Dardenne movies involve meticulous rehearsal and preparation, the American director "doesn't rehearse, he doesn't come when we are trying out the costumes, there's often just one take."

"Eastwood tries to put spontaneity in the film," she said. "He's looking for the magical instant. ... There's a huge adrenaline rush as a result. This energy is channeled into a very short, intense climax."

"With the Dardenne brothers, the same thing happens but it's much more spread out over time." **THE ASSOCIATED PRESS**



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Getting behind the camera

► Actress Famke Janssen makes her writing and directorial debut with the immigrant tale *Bringing Up Bobby*

Getting downsized out of screen roles is inevitable for most actors — and particularly actresses — as they get into their 40s and beyond. With her writing-directing debut, *Famke Janssen* is taking the do-it-yourself route to ensuring she still has a film career.

Janssen's mother-son comic drama *Bringing Up Bobby*, starring Milla Jovovich, is playing in the huge movie market that accompanies the Cannes Film Festival, where the filmmaker hopes to find distributors to put it into theatres in the United States and elsewhere.

The 46-year-old Janssen

aims for a career balance of acting and directing.

"I'm hoping that I can juggle both for a little bit, at least," Janssen said in an interview. "The older you get as a woman, the less parts you'll have just by nature. And then I really don't want to go down the whole plastic surgery route and become obsessed with the way I look, which is very much a part of being an actress, sadly."

Janssen, who played telepath Jean Grey in the *X-Men* franchise and a James Bond villain who crushes victims with her legs in *GoldenEye*, took a couple of years off from big-screen acting to raise

money to get her own film off the ground.

Bringing Up Bobby stars Jovovich as Ukrainian con artist Olive, a brash, boisterous woman raising her young son in Oklahoma through a variety of schemes and gifts. Bobby (Spencer List) adores his mom, but Olive is forced to decide if he might have a better future in the custody of a grieving couple (Bill Pullman and Marcia Cross) who take an interest in the boy.

Janssen wrote the screenplay based on a story idea she and her boyfriend, Cole Frates, came up with. A native of the Netherlands who moved to New York



► Actress Famke Janssen poses for a portrait as she promotes the film *Bringing Up Bobby* at the 64th international film festival in Cannes, southern France.

City to work as a model in her late teens, Janssen said she was inspired by her own experiences as an immigrant observing America, particularly in heartland states such as Oklahoma, where Frates grew up.

"I just wanted to play around with the idea of what is it like to look from the outside into a country? What's the perception?" Janssen said. "Then very much the idea of living the American dream, which I

feel like I'm the perfect example of. America's a land of immigrants and people who come there with big dreams, and that's my journey. It's Olive's journey."

THE ASSOCIATED PRESS

Lady Gaga and her boyfriend call it quits



► Lady Gaga and Luc Carl dated for almost a year.

► Luc Carl joined pop star on tour, but stress of the road and Gaga's hectic schedule were too much for couple ► Lady Gaga keeping busy

After almost a year of dating, Lady Gaga and boyfriend Luc Carl have called it quits, she discloses to Graham Norton.

"No, I don't have a boyfriend and haven't been on any dates recently," the singer says during an interview on his BBC talk show.

Though Carl had been accompanying her on her recent tour, the stress of the road and Gaga's hectic schedule reportedly became too much.

But keeping busy is

normal for the pop star: "At a certain point exhaustion becomes a state of being, and mentally I have to be strong and overcome it. It's like a cloud, a fog really, that hovers over me," she recently told V magazine.

"But in a way I will never escape it, because in truth when I do have to time to rest I end up writing a song, or editing a film or creating a new project for the fans to be involved in."

● METRO

Paris might be off Lilo's Xmas card list this year

Lindsay Lohan is still miffed over former friend Paris Hilton's dig at her during a promo for Hilton's new reality show.

"Lindsay is really trying to change her life for the better. This proves Paris will never change. She's always going to be mean and spiteful to other women," a source tells Popeater.

"Really, Paris had to make a wisecracks about Lindsay in a homeless shelter? It just shows how insecure she is."

● METRO



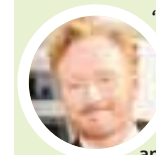
► Lindsay Lohan

Celebrity tweets

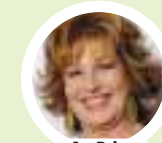
Today, Joy Behar is marking her calendar, Elizabeth Banks is looking to be entertained, and Conan O'Brien is feeling snubbed.



Conan O'Brien



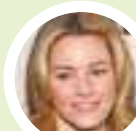
me. P.S. Congrats to whoever "Will Smith" is."



Joy Behar

"May is National Masturbation Month. Not that I need to tell you."

Elizabeth Banks



"I need something new to read. Tweeps, what's the next Hunger Games?"

Ferrell game for more Anchorman, execs not so much

Will Ferrell is completely flummoxed by Paramount Pictures' reluctance to green-light a sequel to Anchorman, he tells Popeater.

"I don't understand how they conduct their business," he says.

"I don't know what they think. Once again they don't comment either way, but it's not like it's coming from us unsolicited. We just keep getting asked so many times about it that we have to comment. We try to explain there's so much interest in a sequel, we're

not making this up!"

● METRO



► Will Ferrell

Obama tight with Bieber

U.S. President Barack Obama may make a dream come true for the daughter of one of the Americans killed in the Sept. 11 terrorist attacks.

Payton Wall, 14, has always wanted to meet Justin Bieber. White House officials say the girl met Obama last week.

She mentioned she was a fan of Bieber and the president told her he knows the star and would introduce them.

A senior aide to Obama told ABC News that White House officials contacted Bieber's staff asking if the singer could meet Payton. TMZ reports that Bieber told the White House he will meet the girl. ● METRO

Spears' ex-manager wants her to testify

Britney Spears' former manager, Sam Lutfi, wants the singer to take the stand to testify that he was not the main force behind her mental breakdown, but Spears' parents say she isn't mentally capable of giving a deposition, according to Billboard. Lutfi, who believes the pop star is capable of speaking for herself, has demanded a psychological exam to prove it. But Spears' parents may be concerned that if she proves mentally capable of testifying, her conservatorship may also be lifted. ● METRO

Perry's third stint in rehab

Former Friends star Matthew Perry is plan-



► Matthew Perry

ning a return trip to rehab, though it's more of a preemptive step than a result of a relapse, according to People magazine.

"I'm making plans to go away for a month to focus on my sobriety and to continue my life in recovery," Perry says in a statement to the magazine.

"Please enjoy making fun of me on the World Wide Web."

Perry has previously been to rehab twice, in 1997 and 2001, and has struggled with prescription medications and alcohol in the past.

● METRO



What not to say to a graduate

► After the caps and gowns have been hung up and diplomas have been framed, it's time for grads to find work ► As a parent you want to help, but some things are better left unsaid

The playing of Pomp and Circumstance is over.

The mortar boards have been thrown in the air.

And the diplomas are hung up on the wall.

Your son or daughter is now home and looking for work in his or her field during one of the toughest economic climates in decades.

How bad is it, exactly? In the U.S. in 2010, college graduates had a 9.4 per cent jobless rate. Before the recession it was 5.5 per cent.

Many grads have moved back home, and this

spring is sure to see another wave of boomerang kids moving out of the dorm for the last time and heading reluctantly back to their old bedrooms.

This is not necessarily because they want to, but because they can't pay rent elsewhere on their own.

As a parent you want to help. But what to say?

It's an emotional time, and nerves may be frayed. You certainly don't want to start doing their laundry again, but you also don't want to provoke a fight.

With that in mind, here

are 10 things *not* to say to a recent college graduate.

1 "I'm sure we all need a break from stress, but you need a job before you know what real stress is."

2 "Since you are applying for jobs now, you might want to remove those beer pong pictures from your Facebook page."

3 "Some time in the military never hurt the old resumé."

4 "You may recall that we were not thrilled with your choice of a creative writing

degree, but your contention that we promised to support you until you sell your first novel does reveal a truly creative mind."

5 "Remember that I plan to retire in six years, and it's important that you be paying your share of Social Security by then."

6 "I don't care what your roommate told you. Not Everyone has a trust fund."

7 "I'm sure Tiffany's surgery will help her job prospects, but we are not paying for a nose job."

8 "It's too bad you didn't find a nice (man/woman) in college, because you'll never again be around so many eligible people." (On the other hand, asking, 'You're still with him (her)?' might not go over well either.)

9 "We forgot to mention we've turned your old room into our scrapbooking centre. How do you feel about sleeping on the couch and putting your stuff in a storage unit?"

10 "I heard that they're hiring ... in China."

THE ASSOCIATED PRESS

3

life

You need this

Air Hunterz Z-Curve Bow

TimeToPlayMag.com just released its Most Wanted toys for spring, and among the usual movie tie-ins — Cars 2 die cast cars, a Pirates of the Caribbean playset — is this realistic-looking bow and arrow, which can hit targets at up to 100 feet. The suction cup tips mean no one gets killed, but you still shouldn't aim it at people, even when your kids misbehave. For ages six and up. ●



ZING TOYS

\$26.99
Amazon.com



Tips for easing back pain during pregnancy.

A taste of Asia in a warm salad

► This grilled mushroom salad is ideal to serve with fish ► It also pairs well with any grilled meat

Used in this Grilled Oriental Mushroom Salad are a variety of assorted fresh mushrooms and a zesty Asian-style dressing.

Its zesty dressing makes the salad perfect to serve with grilled meat or fish.

However, it can also be served alone for a healthy lunch.

Preparation:

1 In a small saucepan, mix the oil, soy sauce, vinegar, garlic, mustard, onions and ginger root. Set the mixture set aside.

2 Pile the mushrooms in the centre of a large piece of heavy aluminum foil. Drizzle them with teriyaki sauce. Fold in edges and ends of the aluminum foil to seal well.

3 Barbecue mushrooms on high heat for 5 to 6 minutes or until steaming. Heat dressing on barbecue or stovetop just until boiling.

4 Divide salad greens evenly among 4 large salad plates. Top with warm mushroom slices and drizzle with hot dressing. Sprinkle sesame seeds on top. Serve immediately.

Tip: Prepare the dressing in a microwave-proof 500-ml (2-cup) bowl or glass measuring cup and heat until it is boiling. The mushrooms could also be cooked in a 220 C (425 F) oven instead of on the barbecue.

THE CANADIAN PRESS/ MUSHROOMS CANADA (MUSHROOMS.CA)



► Mushrooms and a zesty dressing are the stars of this salad.



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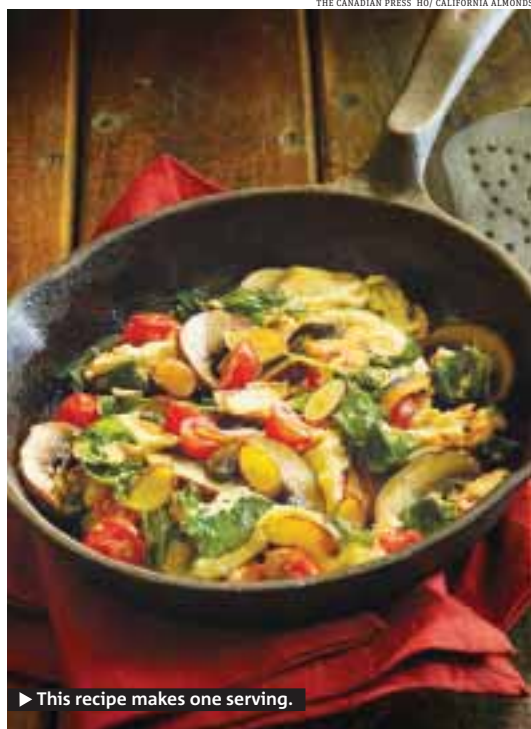


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Ingredients:

- 45 ml (3 tbsp) each vegetable oil and soy sauce
- 75 ml (1/3 cup) rice vinegar
- 2 cloves garlic, minced
- 15 ml (1 tbsp) mustard
- 2 green onions, chopped
- 15 ml (1 tbsp) finely minced ginger root
- 500 g (1 lb) sliced assorted mushrooms (white, cremini, portobello, shiitake, oyster)
- 45 ml (3 tbsp) teriyaki sauce
- 4 l (16 cups) mixed greens
- 15 ml (1 tbsp) sesame seeds

THE CANADIAN PRESS/ HO/ CALIFORNIA ALMONDS



► This recipe makes one serving.

These aren't your regular scrambled eggs

► Kick breakfast up a notch by combining simple ingredients & almonds

Rich in nutrients and deliciously satisfying, this Almond Scramble dish uses very simple ingredients to take breakfast to the next level.

Even though it's a breakfast dish, it also makes an ideal weekend brunch or hearty meal for any time of day.

Preparation:

1 In a dry non-stick skillet over low heat, lightly toast sliced almonds until they are golden brown. Set aside.

2 In a bowl, whisk the egg and egg whites together. Season the mix with salt and pepper and set aside.

3 In the same skillet over medium heat, heat oil and cook the garlic until it is lightly browned, about 1 minute. Add the mushrooms and spinach and cook until the spinach has wilted, 2 to 3 minutes. Add the tomatoes and cook, stirring, just 1 minute more.

4 Reduce heat and gently pour the eggs into the pan, but do not stir. Cook and gently push and lift the eggs with a heat-proof spatula while tilting the pan from one side to the other until eggs are set.

5 Spread goat cheese onto the egg mixture with toasted almonds. Slide scramble from the pan to a plate and serve.

THE CANADIAN PRESS/ CALIFORNIA ALMONDS (ALMONDBOARD.COM)

Ingredients:

- 15 ml (1 tbsp) sliced almonds, toasted
- 1 whole egg
- 2 egg whites
- 15 ml (1 tbsp) canola oil
- 1 garlic clove, minced
- 150 ml (2/3 cup) sliced baby portobello mushrooms
- 250 ml (1 cup) baby spinach leaves
- 125 ml (1/2 cup) cherry tomatoes, halved
- 30 g (1 oz) goat cheese, softened
- Salt and pepper, to taste

Pure plastic

Many sea animals eat plastic, mistaking it for food

ELISABETH BRAW
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

Jan van Franeker spends his day examining the stomachs of dead seabirds. He doesn't see many small fish there. Instead he finds plastic — and in large amounts.

"Birds have an average of 0.3 grams of plastic inside their stomachs," van Franeker explains. "That may not sound a lot, but if you translate that into human terms, it's like having a lunch box full of plastic inside your gut."

Franeker, a marine biologist at Holland's Institute for Marine Resources and Ecosystem Studies, specializes in the Northern fulmar, a seabird found in the



North Atlantic.

The fulmars are not alone in eating plastic. Other birds, dolphins and seals encounter plastics in their feeding areas and mistake it for food. Even whales have been discovered with stomachs full of plastic bags. They've been munching plastic since the material began littering our

oceans some 50 years ago. Even today, ships off the coasts of developed countries continue to dump their waste into oceans. Every year, 20,000 tons of waste is dumped in the North Sea alone.

Between 1999 and 2008, plastic rubbish in the world's oceans increased by 700 per cent.

SHAKING OUT THE RUG

I need to buy a rug for my child's bedroom. What's the greenest option? *Joey of Montreal*

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA



Sourcing a green product for a small purchase like a rug might not seem like a big deal, but we spend about 90 per cent of our time indoors.

Materials and chemical treatments that go into making many consumer products have an affect on our indoor air quality.

When it comes to floor coverings, kids are especially at risk because that's where they spend a lot of time. Choose carpets or rugs made from natural fibres like wool.

PFCs pollute our water, are persistent in the environment and can remain in the human body for years.

Avoid chemical treatments. Carpets, for example, are sometimes treated with formaldehyde, something Health Canada suggests you reduce or eliminate from home use as much as possible.

You probably don't realize that formaldehyde is also found in air fresheners, nail polish, bed sheets, kitchen cabinets, furniture — you get the idea.

As it emits fumes, most of the cancer research on formaldehyde focuses on risks from inhalation.

Avoid Stainmaster.

It's a perfluorochemical or PFC, widely-used as a water, grease and stain repellent in carpets and clothes. PFCs pollute our water, are persistent in the environment and can remain in the human body for years. You can also look for a Greenguard certified rug. The Greenguard Environmental Institute certifies products and materials that have low chemical emissions. There are 15 categories to choose from, such as building materials, furniture, and paint.

To design a healthy space; check out Greenguard's product guide at greenguard.org to source everything from counter-tops to adhesives.



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Foundation



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Face it, your workplace doesn't 'like' the Book

► Overusing social media at the office? ► Someone is watching you



► Take a moment to discover something more productive when you choose to put your mind on pause.

DREW HINSHAW
LIFE@METRONEWS.CA

So you thought you could sneak in some Facebook time on the company dime? Woe unto thee.

Workers who reckon they can tweet on the clock are just cuckoo, career coaches warn. Spiteful higher-ups could be watching, and should you waste too much time scrolling through Twitter feeds you could find yourself checking into your apartment, searching for jobs.

"That's the number one thing people don't consider," says Sue Thompson, a work life coach. "Someone is watching you – and they have a right to."

"It all comes down to knowing your organizational culture," Shirin Khamisa, founder of Careers By Design, adds.

Many a manager, she notes, may take a laissez-faire posture toward their employee's time. Others may expect you to keep a clean profile – and use it to relentlessly promote the company.

And still others, Thompson warns, may have your page history wiretapped and scrutinized as they prepare a case for your dismissal – dishonourably discharged for too much dilly-dallying.

"Your boss may be getting a report each month about how many of their employees are on the Internet each day," she cautions.

Breaking the Habit

There are no miracle come-down drugs for an Internet fix, Thompson

"Your boss may be getting a report each month about how many of their employees are on the Internet each day."

SHIRIN KHAMISA,
FOUNDER OF CAREERS BY DESIGN

says – "just discipline."

"Look, this is work, and you have to have the discipline to say to yourself, 'I will not check Twitter until I go to lunch and check it on my phone,'" she says.

But for companies that do permit Facebook in moderation, the harder task can be limiting the fraction of the workday you squander online.

We all need little mid-day breaks, Psychology Professor Tim Pynchyl notes, and we take them constantly, whether consciously or not. "That's part of our nature," he says.

The trick, he offers, is to find novel ways of procrastinating: like taking a walk, or calling a friend. "You acknowledge that break more by picking up the phone and dialing it," he explains.

"You have to know what energizes you," Khamisa agrees, and it's likely not more screen time.

Life hungry

► How taking a step back helped this BBQ maverick find a medium between work and what matters

TURNING POINT

TERESA KRUIZE
LIFE@METRONEWS.CA



Six years ago Ted Reader seemed to have it all. "The King of the Q" had built an empire around his name

and smokin' personality, writing award-winning cookbooks, starring on television and touring North America. But Ted was desperately unhappy. "I was on the phone, travelling, and working hard. I was carrying some weight and I was angry and bitter all the time," Reader took stock of his life and realized he had reached a turning point. He downsized his business, went back to his BBQ and started to cook.

Today he's a happy man, husband and the father of two young children. His cookbooks, sauces and spice rubs fly off the supermarket shelves. "I'm living life and I'm having a good time at it. I want to share that with people. I'm working harder today than I ever have but I'm having fun."

This long weekend take two servings of family and friends; add a dash of



► Ted Reader, award-winning chef, author and entertainer.

inspiration and lots of laughter. Head to the BBQ and you'll be cooking up Ted Reader's recipe for success.

The perfect steak

Ted's tips:

- Buy the best quality meat you can afford.
- A two inch steak is perfect.
- Heat grill to 650+ degrees Fahrenheit.
- Sear one minute each side with the lid open.
- Put other burners on "high" and close the lid.
- 12 minutes for a rare steak
- Let them rest for five minutes for medium rare.
- Enjoy!

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Djokovic beats Nadal to lengthen 2011 streak

Novak Djokovic continued his recent mastery over top-ranked Rafael Nadal with a 6-4, 6-4 win in the Italian Open final yesterday that stretched the Serb's unbeaten start to the year to 37 matches.

The second-ranked Djokovic has beaten Nadal in all four finals they have played this year and defeated the Spaniard for the first time on clay in last week's Madrid Open final.

Djokovic is now the first player to beat Nadal on clay twice in the same year, a feat that comes exactly a week before the French Open starts.

"I definitely am amazed with my playing," Djokovic said. "But there's no time to enjoy it — I've got to get ready for Roland Garros."

Djokovic's edge over Nadal could enable him to overtake his rival for the No. 1 ranking the week after the French Open.

"He's doing amazing things. Every match he's very tough mentally and physically," Nadal said. "I'm doing everything I can. I can't ask myself any more now. I'm doing very well but one player is doing better than me. I am waiting every week to try solutions, so let's see."

Djokovic's streak this year trails only John McEnroe's 42-0 start in 1984. Overall, Djokovic has won 39 consecutive matches stretching back to Serbia's Davis Cup triumph in December, sixth best in the Open era, seven behind Guillermo Vilas's record set in 1977.

THE ASSOCIATED PRESS

RICCARDO DE LUCA/THE ASSOCIATED PRESS

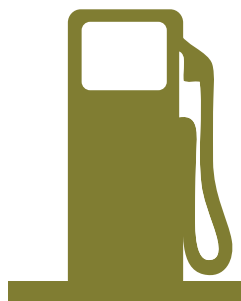


► Novak Djokovic kisses the Italian Open trophy yesterday in Rome.



► Jose Bautista, left, is congratulated by teammate Edwin Encarnacion yesterday after his two-run home run, his third homer of the game, in the sixth inning in Minnesota.

Bautista's bat stays red hot



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Boogaard's brain donated

Minnesota hockey fans planned a memorial for Derek Boogaard last night to honour the former NHL tough guy who was found dead in his apartment last week, five months after a season-ending concussion that left his family wondering if his career as an enforcer had damaged his brain.

Boogaard's agent and a spokeswoman for the Boston University School of Medicine confirmed yesterday that the family of the 28-year-old forward agreed to donate his brain to researchers who will look for signs of a degenerative disease often found in athletes who sustain repeated hits to the head.

"It's an amazing thing he did and his family did. Hopefully, that'll bring some information," agent Ron Salcer said. "We don't know exactly the impact that the concussions might have played."

Boogaard was found dead in his Minneapolis apartment Friday.

THE ASSOCIATED PRESS

11	3
JAYS	TWINS

Jose Bautista hit three homers for the first time in his career yesterday, adding to his major league-leading total and sending the Toronto Blue Jays to an 11-3 victory over the Minnesota Twins and a sweep of their three-game series.

Jose Molina also had three hits for the Jays, who scored in each of the first four innings. Yunel Escobar and Aaron Hill each had a pair of hits for Toronto.

The victory extended Toronto's winning streak to a season-best five games and allowed the Blue Jays (20-20) to get back to the .500 mark for the first time in nearly a month.

Trevor Plouffe doubled and scored twice for Minnesota, which has lost eight straight and 14 of 17 as it heads out for a weeklong West Coast road trip.

Bautista, who led the majors with 54 homers last year, continued his recent tear. The right-fielder is hitting .415 with 13 homers and 21 RBIs over the past 19 games, and his 16 home runs this season are just two behind the total of the entire Twins team.

After popping out to third base in the first inning, Bautista hit a solo home run to the second deck of left field off of Twins starter Brian Duensing in the third. THE ASSOCIATED PRESS

4
sports

Quoted



"In the playoffs, it's very valuable for teams to turn the page quickly and to worry about the day that they're in, not about what they have done whether it's a mistake or whether it's a good thing"

DEFENCEMAN ANDREW FERENCE, AFTER BOSTON LOST GAME 1 OF THE EASTERN CONFERENCE FINAL 5-2 TO THE LIGHTNING ON SATURDAY NIGHT.



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Crossword

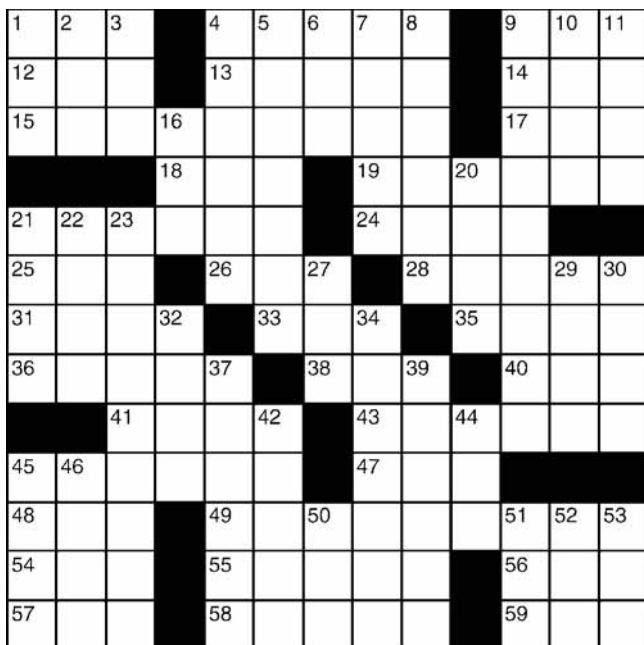
Across

- 1 Marshland
- 4 Trusty horse
- 9 Easter entree
- 12 "Hail, Caesar!"
- 13 Individually owned apartment
- 14 Exist
- 15 Scary party time
- 17 Allow
- 18 Summer (Fr.)
- 19 Simoleons
- 21 Angora yarn
- 24 Upper limbs
- 25 Lawyers' org.
- 26 — Lingus
- 28 Wait patiently
- 31 Game played on horseback
- 33 Newcomer to society
- 35 Poi base
- 36 Alabama city
- 38 Evergreen type
- 40 Greek cross
- 41 Crumbly earth
- 43 Teen's wall decoration

- 45 Opportunity
- 47 Tribute in verse
- 48 That woman
- 49 Spice Girl Geri
- 54 Noah's boat
- 55 Bottled water brand
- 56 Storm center
- 57 Two (Sp.)
- 58 Prognosticators
- 59 Small barrel

Down

- 1 "Humbly!"
- 2 Eggs
- 3 Come together
- 4 Nova —



- 5 Rose to great heights
- 6 Away from WSW
- 7 Plant swelling
- 8 Philanthropists, e.g.
- 9 Austrian city important in the Iron Age
- 10 Neigh-borhood
- 11 Christian denom.
- 16 Meadow
- 20 Leave out
- 21 Charts
- 22 Reed instrument
- 23 Distinguishing characteristics
- 27 Ump
- 29 Scottish hillside

- 30 Thy
- 32 Muscat's country
- 34 Manic-depressive
- 37 McDonald's logo
- 39 "The Thinker" and "The Kiss," e.g.
- 42 Go
- 44 Stitch
- 45 African nation
- 46 Medal earner
- 50 Falsehood
- 51 "A mouse!"
- 52 Caustic solution
- 53 Journey segment

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►



Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Dear Tumbleweed, I am a lucky guy to have you back in my life, and I hope you feel the same way. I love you and I cherish each and every moment we have together. Te estrano, Te amo!

FROM CARLOS JUNIOR

OMG! Matt you are cute, funny, adorable and soo much more! I hope that if you see this you won't get too creeped out!

THE DARK SIDE

What I said that night in Montreal was true. I was more asleep than awake and you weren't really supposed to hear it, but I meant it.

If things don't work now, maybe they will later. Either way, I'm so painfully happy to have gotten to know you like this.

FROM CURLY BRACKET

Today's horoscope

♈ Aries March 21-April 20 If you need some extra cash you will find ways to get it today.

♉ Taurus April 21-May 21 What yesterday seemed so vague will become crystal clear today.

♊ Gemini May 22-June 21 What happens today may look like bad news but this particular cloud has a huge silver lining.

♋ Cancer June 22-July 22 If you find yourself at odds with the status quo today that's a good sign. Be a catalyst for change.

♌ Leo July 23-Aug. 23 Stand up and

speak up for what you believe in. The more others try to shout you down the more you know they have something to hide.

♍ Virgo Aug. 24-Sept. 22 If you feel in need of a break now is a good time to start making plans.

♎ Libra Sept. 23-Oct. 23 You want nothing more than to be left alone with your thoughts.

♏ Scorpio Oct. 24-Nov. 22 Some of the things you have to say today won't go down too well.

♐ Sagittarius Nov. 23-Dec. 21 Be secretive about your plans. You

For today's crossword answers and for expanded horoscopes, go to metronews.ca

can be too chatty sometimes.

♑ Capricorn Dec. 22-Jan. 20 Any doubts about what you are doing will disappear over the next 24 hours.

♒ Aquarius Jan. 21-Feb. 18 A Venus-Mercury conjunction will help you say the right things to people you love.

♓ Pisces Feb. 19-March 20. You have become a bit too predictable of late and need to do something to remind people that you are not to be taken for granted. Think about it. **SALLY BROMPTON**

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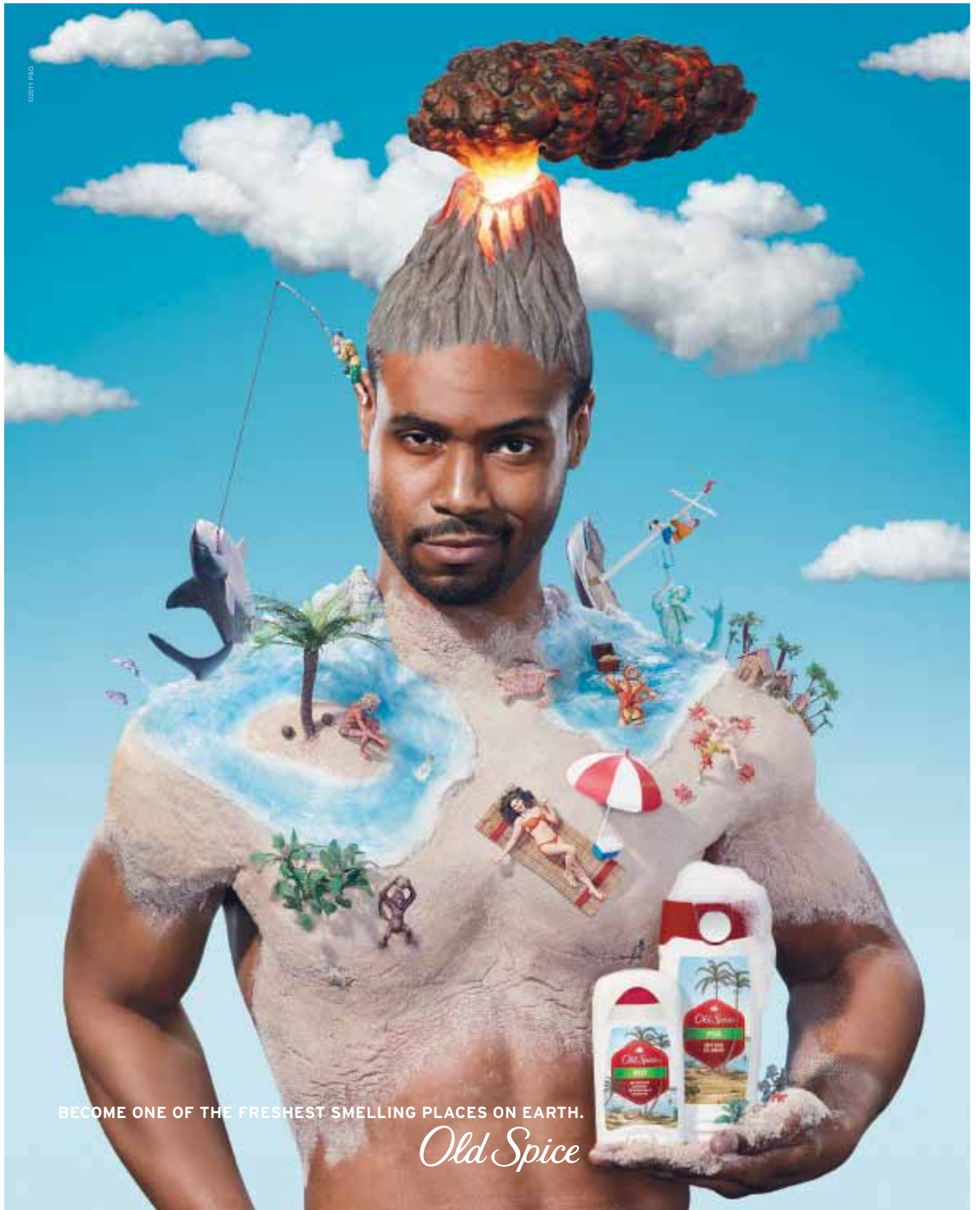
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